

flavours
CATERING + EVENTS

City2Surf Catering 2014

The Sun-Herald
CITY2SURF
PRESENTED BY
Westpac

THE ONE TO RUN



If you are one of the lucky people tasked with organising your company's **Corporate Marquee City 2 Surf Catering**, then we are here for YOU!

And best of all, when the event is a success... You get all the credit from your managers and co-workers.

Flavours Catering + Events has many years experience with City 2 Surf Catering. This year we have been selected to be on the panel of approved suppliers of City 2 Surf Catering to the corporate marquee holders. Organising your City 2 Surf Catering can be an overwhelming task, however we are here to help you. Why not use our City 2 Surf Catering experience to ensure you have a successful event?



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The benefits of using Flavours Catering + Events for your City 2 Surf Event doesn't end at our experience. You have peace of mind knowing that you are dealing direct with your catering company. All of the instructions you give your event manager leading up to the event will be executed by your event manager on the day. Why would you trust your important City 2 Surf Event with someone who will not be onsite to execute your event in the way that you have planned it?



We can provide you with all of your **City 2 Surf** Catering requirements:

- **Food**
- **Beverages**
- **Equipment hire**
- **Staff hire**

All you need to do is turn up!

Contact Clare, our resident City 2 Surf catering expert for a customised quotation based on your specific requirements - **1300 368 605** or **clare@flavourscatering.com.au**

Your event will be taken care of by Flavours Catering + Events from before sunrise on the day (when our bump in team arrives), until the last piece of equipment is loaded into the van at the end of the day.

Our menus are suitable for competitors and spectators alike, including lean protein to aid muscle repair, with the option of fresh juices, designed around aiding recovery.





Flavours Sausage Sizzle

\$6.50 per person

Chicken Sausage (gf) (df)
 BBQ Onions
 Freshly Baked Baguette
 Tomato & BBQ Sauce

**Flavours Make Your Own
 Burger Bar**

\$18.50 per person

Choice of either

Gourmet Beef Burger Patties
 Marinated Chicken Breast (gf)
 Vegetable Patty with Yoghurt Chutney (gf)

Served with

Fried Eggs
 Rasher Bacon
 BBQ Onions
 Assorted Green Salad
 Tomato
 Beetroot
 Sliced Cheese
 Tomato & BBQ Sauce, Mustards
 Bread Rolls

Flavours Light Brunch

\$24.95 per person

Assorted Butter Danish
 Mini Butter Croissants
 Mini Muffins

Choice of either

Bacon & Egg Rolls
 Vegetable Patty with Yoghurt Chutney on
 Crunchy Roll (v)
 BBQ Onions

Create Your Own Salad Bar

*Tomato & BBQ Sauces, Mustards,
 Vinaigrette*

Fresh Fruit Bar

*All prices exclude GST, staff hire + equipment hire.
 Contact us for a quotation based on your specific requirements.*



Flavours for Health

\$29.95 per person

Fresh Fruit Selection
Assorted Muffins
Muesli Slice

Brown Rice & Quinoa Salad (df) (v)

Inca Berry, Carrot & Beetroot Salad
(gf) (df) (v)

Green Leaf Salad (gf) (df) (v)

Tomato, Basil & Bocconcini Salad (gf) (v)

Fresh Grazing Selection

Sticks of Carrots, Celery, Capsicums,
Cucumber

Choice of either

Chicken Sausages (gf)

Lean Beef Burger Patty

Veggie Burger Patty

with Yoghurt Chutney (gf)

Turkey & Apple Burger Patty

100g Grass Fed Sirloin **(add \$3.50pp)**

Assorted Gourmet Bread Rolls
Condiments

Optional Extra

Fresh Juices | **\$3.95 per person**

Self serve beverage bar

Anti Cramp Juice

Parsley, silverbeet, carrot, celery,
beetroot, lemon - *full of magnesium*

Beet the Competition

Beetroot, kale, ginger,
beet leaves, lemon & garlic

Electro Juice

Orange, silverbeet, apple, lemon,
lime, vitamin C powder, sea salt
- *nature's powerade*

Peak Performance

Apple, strawberry, cherries,
celery, cucumber, lemon
- *nature's recovery*

*All prices exclude GST, staff hire + equipment hire.
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Testimonials

"Just a short note to pass on my gratitude to Dee and Renee for their amazing efforts on Sunday - they're both superstars!!"

— Allens

"I just wanted to thank you for your continued assistance and effort in organising the very successful event. We received a fantastic response from all attendees on the absolute professionalism, friendly manner and tasty catering provided on the day."

— Jones Lang LaSalle

"Please thank the team as I had nothing but great feedback from all my people - loved the 'build a burger' format which provided lots of flexibility to keep everyone happy."

— Mirvac

"Good value for money and friendly service"

— O2 Networks

"Please thank the team as I had nothing but great feedback from all my people – loved the "build a burger" format which provided lots of flexibility to keep everyone happy."

— Sarah

"I just want to thank you for your continued assistance and effort in organising the very successful event. We received a fantastic response from all attendees on the absolute professionalism, friendly manner and tasty catering provided on the day."

— Ann



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