Meals of the Neek

MONDAY, 4th December

- Thai red chicken curry, steamed rice (gf)(df)
- Vegetable stir fry, steamed jasmine rice (vegan)(gf)(df)

TUESDAY, 5th December

- Spicy szechuan pork noodles (df)
- Chilli con veggie, salsa, grilled corn, guacamole & brown rice (vegan)(gf)(df)

WEDNESDAY, 6th December

- Beef chow mein, egg noodle, bok choy, bean sprouts (df)
- Mushroom & lentil bolognese, crispy chat potato, vegan parmesan, fresh herbs (vegan)(gf)(df)

THURSDAY, 7th December

- Teriyaki chicken, Japanese slaw, edamame, seaweed, roasted sesame & miso dressing (gf) served cold
- Vegetable curry, steamed rice (vegan)(gf)(df)

FRIDAY, 8th December

- Chicken Coque au vin, steamed rice (gf)(df)
- Vegan mushroom bourguignon, crispy potato & parsley (vegan)(gf)(df)

prices exclude GST

All meals delivered hot IN INDIVIDUALLY FORTIONED

eco containers ready to eat!

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PER PERSON