

MEALS of the WEEK



MONDAY, 16th June

- Filipino style adobo chicken served with rice pilaf (gf)(df)(halal)
- Vegetable stir fry, steamed jasmine rice (vegan)(gf)(df)(halal)

TUESDAY, 17th June

- Mexican-spiced beef, simmered with black beans & sweet corn, topped with melted cheese, fresh coriander, brown rice (gf)(halal)
- Vegan Tom Yum hokkien noodles with stir fry vegetables (vegan)(df)(halal)

WEDNESDAY, 18th June

- Chicken & vegetable velouté stew and rice (gf)(halal)
- Gluten free penne pasta, roasted capsicum, tomato & basil sauce (vegan)(gf)(df)(halal)

THURSDAY, 19th June

- Beef massaman curry, mashed potato (gf)
- Spiced veggie fried rice (vegan)(gf)(df)(halal)

FRIDAY, 20th June

- Grilled white fish, crispy potato, steamed vegetables, sauce vierge (gf)(df)(halal)
- Plant based smokey Mexican, black bean and corn soup, fresh coriander (vegan)(gf)(df)(halal)

only
\$15.95
PER PERSON

prices exclude GST

ALL MEALS DELIVERED HOT IN
individually portioned
eco containers ready to eat!

Order cut-off
3PM 2 business
days prior

Call **1300 368 605** or email
orders@flavourscatering.com.au
to place your order now