MEALS of the WEEK

MONDAY, 15th September

- Thai red chicken curry, steamed rice (gf)(df)(halal)
- Grilled teriyaki tofu served with medley of vegetables & rice (vegan)(gf)(df)(halal)

TUESDAY, 16th September

- Spaghetti bolognaise, parsley & parmesan (halal)
- Roasted vegan sausage, penne pasta & capsicum & tomato ragu (vegan)(gf)(df)(halal)

WEDNESDAY, 17th September

- Chipotle marinated chicken wings, roasted herb potatoes (gf)(df)(halal)
- Vietnamese style salad topped with spring rolls, sweet chilli lime dipping sauce (vegan)(df)(halal)

THURSDAY, 18th September

- Honey BBQ pork loin, mashed potato, green beans (gf)(halal)
- Roasted vegetable ratatouille, cauliflower rice (vegan)(gf)(df)(halal)

FRIDAY, 19th September

- Steamed fish, orange & fennel cous cous, herb dressing (df)(halal)
- Smoky vegan loaf, roasted vegetables, onion gravy (vegan)(gf)(df)(halal)



ALL MEALS DELIVERED HOT IN

ndividually postioned eco containers ready to eat! Order cut-off

3PM 2 business days prior

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