

# MEALS *of the* WEEK

MONDAY, 26<sup>th</sup> January  
*Australia Day*

TUESDAY, 27<sup>th</sup> January

- Bbq pulled pork on mac n cheese with spring onion
- Roasted vegetable ratatouille, cauliflower rice (vegan)(gf)(df)(halal)

WEDNESDAY, 28<sup>th</sup> January

- Boneless jerk chicken, corn cobette, cajun steamed rice (gf)(df)(halal)
- Gluten free penne pasta, roasted capsicum, tomato & basil (vegan)(gf)(df)(halal)

THURSDAY, 29<sup>th</sup> January

- Stir fried beef with black pepper sauce Hokkien Noodles (df)(halal)
- Sichuan-style mapo tofu with, spring rolls, seasonal vegetables and steamed rice (vegan)(df)(halal)

FRIDAY, 30<sup>th</sup> January

- Chicken cacciatore, black olives, red peppers, steamed rice, fresh parsley (gf)(df)(halal)
- Thai vegan rainbow salad, fresh herbs, & hoisin dressing (vegan)(gf)(df)(halal)(nut free)

*only*  
**\$15.95**  
PER PERSON

*prices exclude GST*



**ALL MEALS DELIVERED HOT IN**  
*individually portioned*  
*eco containers ready to eat!*

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**3PM 2 business**  
**days prior**

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