

MEALS of the WEEK

MONDAY, 16th February

- Butter chicken curry & steamed jasmine rice (gf)(halal)
- Hokkien noodle, hoi sin, sesame vegetable (vegan)(df)(halal)

TUESDAY, 17th February

- Beef chilli con carne, black beans, melted cheese, coriander, brown rice & corn rib (gf)(halal)
- Vegan mushroom bourguignon, roasted potato (vegan)(gf)(df)(halal)

WEDNESDAY, 18th February

- Roasted pork loin, mashed potato, greens, apple sauce (gf)
- Beetroot and blueberry salad with lemon vinaigrette (gf)(df)(vegan)(halal)

THURSDAY, 19th February

- Creamy coconut & lime chicken, coriander & steamed rice (gf)(df)(halal)
- Tom Yum fried rice (vegan)(gf)(df)(halal)

FRIDAY, 20th February

- Chilli lime fish, crispy chat potato and vegetables (gf)(df)(halal)
- Spice roasted cabbage steak served with roasted pumpkin (vegan)(gf)(df)(halal)

ALL MEALS DELIVERED HOT IN
individually portioned
eco containers ready to eat!

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3PM 2 business
days prior



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