

MEALS of the WEEK



MONDAY, 2nd March

- Spinach & mushroom chicken fettuccine alfredo (halal)
- Roasted vegetable ratatouille, cauliflower rice (gf)(df)(vegan)(halal)

TUESDAY, 3rd March

- Pulled pork, mac & cheese, grilled corn rib
- Herb-crusted stuffed tomatoes with chargrilled zucchini (gf)(df)(vegan)(halal)

WEDNESDAY, 4th March

- Chicken chipolatas with rich onion gravy & creamy mash (gf)(halal)
- Asian soba noodle salad with salt & pepper tofu (df)(vegan)(halal)

THURSDAY, 5th March

- Korean glazed beef mince with seasonal vegetables & steamed rice (gf)(df)(halal)
- Paneer vegetable curry, steamed rice (v)(gf)(halal)

FRIDAY, 6th March

- Mediterranean fish with tomato & olive tapenade crispy potatoes (gf)(df)(halal)
- Corn fritter with rocket, tomato & coriander salsa, pesto dressing (v)(halal)

only
\$15.95

PER PERSON

prices exclude GST

ALL MEALS DELIVERED HOT IN
individually portioned
eco containers ready to eat!

Order cut-off
3PM 2 business
days prior

Call **1300 368 605** or email
orders@flavourscatering.com.au
to place your order now