

MEALS *of the* WEEK



MONDAY, 16th March

- Beef stroganoff with rice & roasted carrots (gf)(halal)
- Sweet potato, chickpea & spinach curry, steamed rice (vegan)(gf)(df)(halal)

TUESDAY, 17th March

- Roast pork loin, crispy potatoes, green beans, mustard & onion gravy (gf)(df)
- Wild mushroom & white bean cassoulet, gluten free pasta (vegan)(gf)(df)(halal)

WEDNESDAY, 18th March

- Boneless jerk chicken, corn cobette, cajun steamed rice (gf)(df)(halal)
- Mexican fiesta salad, brown rice & quinoa, corn & black bean salsa, avocado, green goddess dressing (vegan)(gf)(df)(halal) *served cold*

THURSDAY, 19th March

- Beef bourguignon, crispy chat potatoes with fresh herbs (gf)(halal)
- Gluten free penne pasta, ricotta, roasted capsicum, tomato & basil (v)(gf)(df)(halal)

FRIDAY, 20th March

- Sriracha butter noodles topped with prawn skewer (halal)
- The best vegan mushroom risotto (vegan)(gf)(df)(halal)

only
\$15.95

PER PERSON

prices exclude GST

ALL MEALS DELIVERED HOT IN
individually portioned
eco containers ready to eat!

Order cut-off
3PM 2 business
days prior

Call **1300 368 605** or email
orders@flavourscatering.com.au
to place your order now