

MEALS *of the* WEEK

MONDAY, *1st June*

- Chicken cacciatore, black olives, red peppers, steamed rice, fresh parsley (gf)(df)(halal)
- Vegan tofu stir fry, steamed rice (vegan)(gf)(df)(halal)

TUESDAY, *2nd June*

- Stir fried spicy pork mince, green beans & eggplant served with rice (gf)(df)
- Mediterranean white bean salad, roast zucchini, cherry tomatoes, cucumber parsley, lemon herb & caper dressing (vegan)(gf)(df)(halal)

WEDNESDAY, *3rd June*

- Mexican-spiced beef, simmered with black beans & sweet corn, topped with melted cheese, fresh coriander, brown rice (gf)(halal)
- Hokkien Pad Thai, seasonal vegetables & tofu (vegan)(df)(halal)

THURSDAY, *4th June*

- Butter chicken curry & steamed jasmine rice (gf)(halal)
- Gluten free penne pasta, ricotta, roasted capsicum, tomato & basil (v)(gf)(df)(halal)

FRIDAY, *5th June*

- Mediterranean fish with tomato & olive tapenade crispy potatoes (gf)(df)(halal)
- Chat potato and vegetable Massaman curry, steamed rice (vegan)(gf)(df)(halal)

only
\$15.95
PER PERSON



ALL MEALS DELIVERED HOT IN

*individually portioned
eco containers ready to eat!*

Order cut-off

**3PM 2 business
days prior**

**Call 1300 368 605 or email
orders@flavourscatering.com.au**

to place your order now