

MEALS of the WEEK

MONDAY, 7th September

- Mexican-spiced beef, simmered with black beans & sweet corn, topped with melted cheese, fresh coriander, brown rice (gf)(halal)
- Sweet potato, chickpea & spinach curry, steamed rice (vegan)(gf)(df)(halal)

TUESDAY, 8th September

- Filipino style adobo chicken served with rice pilaf (gf)(df)(halal)
- Citrus tempeh stir-fry with Asian greens & steamed rice (vegan)(gf)(df)(halal)

WEDNESDAY, 9th September

- Pulled pork, mac & cheese, grilled corn rib
- Vegan mushroom bourguignon, served with roasted potato (vegan)(gf)(df)(halal)

THURSDAY, 10th September

- Philly cheesesteak pasta with beef, caramelised onion & capsicum (halal)
- Gluten free penne pasta, roasted tomato, olive, chilli & capers (vegan)(gf)(df)(halal)

FRIDAY, 11th September

- Mediterranean fish with tomato & olive tapenade crispy potatoes (gf)(df)(halal)
- Tomato & fresh thyme soup, white beans served with a dinner roll (vegan)(df)(halal)

only
\$15.95
PER PERSON

prices exclude GST

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eco containers ready to eat!

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